

Information For the Use of
Olmesartan 20 mg + Hydrochlorothiazide 12.50 mg tablet

Olmeslide H 20 Tablet

Brand Name: Olmeslide H 20 Tablet

Dosage Form: Tablet

Composition:

Each film-coated tablet contains:

- Olmesartan Medoxomil IP 20 mg
- Hydrochlorothiazide IP 12.5 mg

Description:

Olmeslide H 20 Tablet is a fixed-dose combination of Olmesartan Medoxomil, an angiotensin II receptor blocker (ARB), and Hydrochlorothiazide, a thiazide diuretic. It is indicated for the management of hypertension in patients requiring combination therapy for optimal blood pressure control. It helps in lowering blood pressure through complementary mechanisms, thereby reducing cardiovascular risk and improving overall vascular health.

Indications:

Indicated for the treatment of:

- Essential hypertension
- Hypertension inadequately controlled with monotherapy

It helps in maintaining blood pressure within the desired range and reducing the risk of cardiovascular complications.

Dosage & Administration:

Dosage should be as directed by the physician.

The tablet may be taken with or without food, preferably at the same time each day.

Regular monitoring of blood pressure, renal function, and electrolyte levels is recommended during therapy.

Pharmacological Action:

- Olmesartan Medoxomil selectively blocks angiotensin II receptors, resulting in vasodilation and decreased aldosterone secretion.
- Hydrochlorothiazide increases urinary excretion of sodium and water by inhibiting sodium reabsorption in the distal renal tubules.

Together, these actions help in effective reduction and maintenance of blood pressure.

Side Effects:

Common side effects include dizziness, headache, fatigue, increased urination, and electrolyte imbalance.

Rarely, hypotension, renal dysfunction, or hypersensitivity reactions may occur.

Precautions & Warnings:

- Use with caution in patients with renal or hepatic impairment
- Monitor serum electrolytes and kidney function periodically
- Risk of dehydration and hypotension in volume-depleted patients

- Use cautiously in diabetic patients or those with gout
- Not recommended during pregnancy

Drug Interactions:

May interact with NSAIDs, lithium, other antihypertensive agents, corticosteroids, and potassium supplements.

Concurrent use with alcohol may enhance hypotensive effects.

Storage:

Store below 25°C in a cool, dry place.

Protect from light and moisture.

Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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